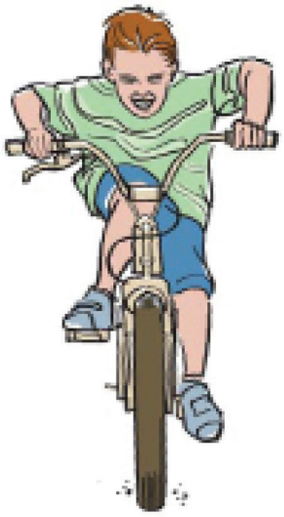
¡Come Bien! + ¡Muévete!

Nombre o ID

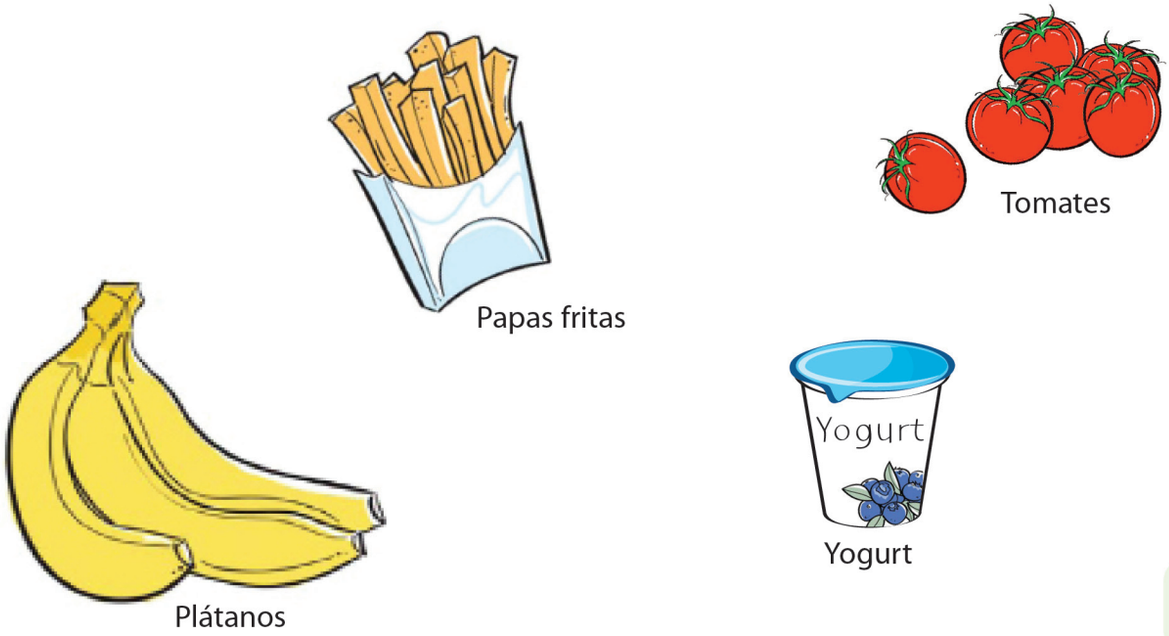
Fecha

1. Circula a los niños siendo activos.



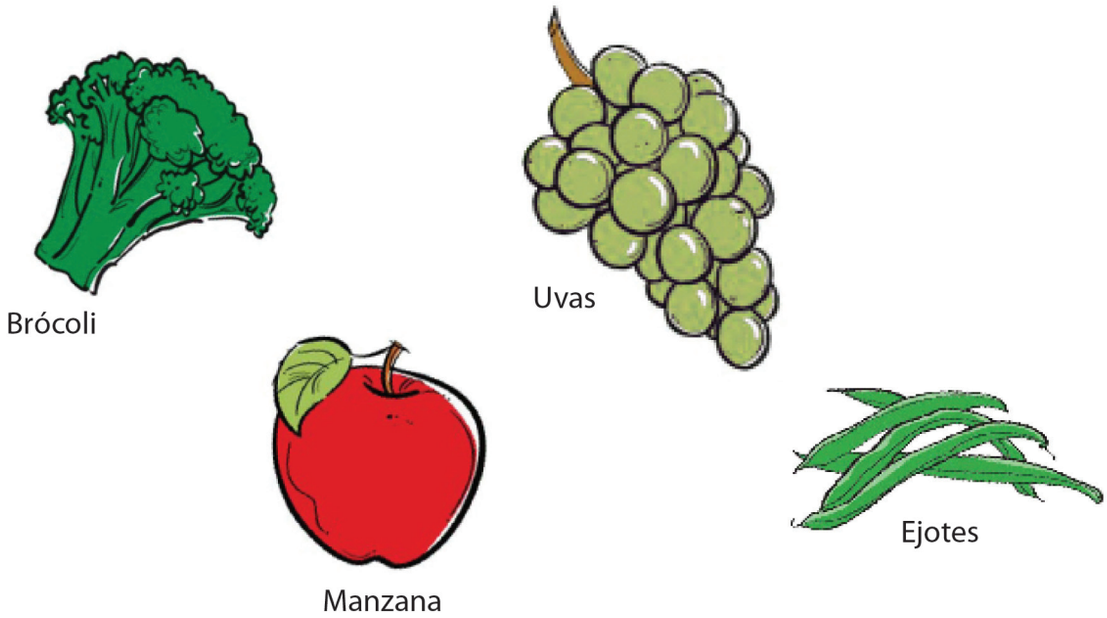
/4

2. Circula los bocadillos saludables.



/4

3. Circula los vegetales.

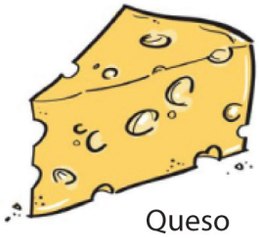


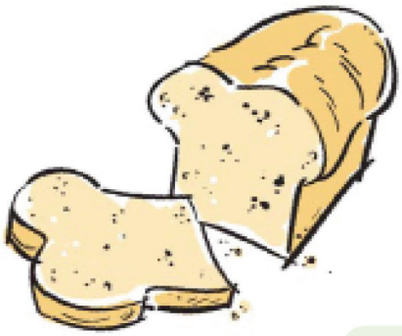
/4

4. Circula los productos lácteos.

Huevo

Leche

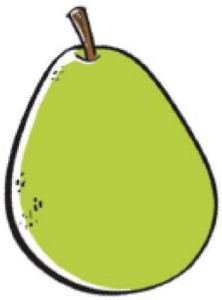

Queso

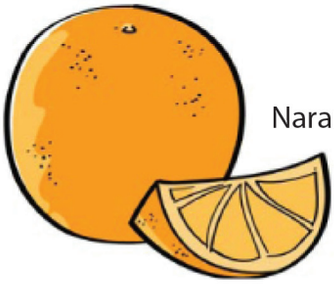

Pan

/4

5. Circula las frutas.

Fresas


Pera


Naranja

Zanahorias

/4

6. Circula cuando deberías lavarte las manos antes de comer.

/4

For Staff

This tool is for students in kindergarten, 1st or 2nd grade.

Curriculum _____ Grade ____

School _____ Teacher _____

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